



US Product Ingredient Guide

October 2026

This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This list does not include regional or special promotional items as ingredients vary.

BREADS

ARTISAN ITALIAN (WHITE) BREAD: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less Of: Wheat Gluten, Wheat Sourdough Blend (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Mono- and Diglycerides, Ascorbic Acid, Enzymes. **Contains: Wheat**

ARTISAN FLATBREAD: Enriched Flour (Wheat flour, niacin, reduced iron, Thiamine mononitrate, Riboflavin, folic acid), water, Soybean oil, Yeast, Sugar, Salt, Cultured wheat flour, Vinegar, Oat bran, Oat fiber, enzymes. **CONTAINS Wheat. May Contain Milk**

HEARTY MULTIGRAIN: Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Whole wheat flour, Yeast, Wheat gluten, Sugar, Contains 2% or less of: rye sourdough (water, fermented rye flour), Salt, Soybean oil, brown sugar, whole oat groats, sunflower seeds, millet seed, flax seeds, dried molasses with wheat starch, cracked wheat, Mono- and diglycerides, Ascorbic Acid, Enzymes. **Contains Wheat.**

ITALIAN HERBS & CHEESE BREAD: Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less Of: Wheat Gluten, Wheat Sourdough Blend (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Mono- and Diglycerides, Ascorbic Acid, Enzymes], **Monterey Jack Cheese** [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), Anti-caking Blend (Potato Starch, Tapioca Starch), natamycin (a natural mold inhibitor)]. **Parmesan-Oregano Topping** [Corn Maltodextrin, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Toasted Bread Crumbs (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sea Salt, Yeast), Salt, Spices, Dehydrated Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Sunflower Oil, Contains Less than 2% of: Citric Acid, Yeast Extract, Lactic Acid, Natural Flavor, Silicon Dioxide] **Contains: Milk, Wheat.**

JALAPENO CHEDDAR BREAD: Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less Of: Wheat Gluten, Wheat Sourdough Blend (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Mono- and Diglycerides, Ascorbic Acid, Enzymes], **Monterey Jack Cheese** [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), Anti-caking Blend (Potato Starch, Tapioca Starch), natamycin (a natural mold inhibitor)]. **Jalapenos** [Jalapeno Peppers, Water, Distilled Vinegar, Salt, Natural Flavors, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulfite (preservative)]. **Contains: Milk, Wheat, Sulfites.**

MONTEREY CHEDDAR BREAD: Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less Of: Wheat Gluten, Wheat Sourdough Blend (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Mono- and Diglycerides, Ascorbic Acid, Enzymes], **Monterey Jack Cheese** [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), Anti-caking Blend (Potato Starch, Tapioca Starch), natamycin (a natural mold inhibitor)]. **Contains: Milk, Wheat.**

PARMESAN OREGANO BREAD: Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less Of: Wheat Gluten, Wheat Sourdough Blend (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Mono- and Diglycerides, Ascorbic Acid, Enzymes], **Parmesan-Oregano Topping** [Corn Maltodextrin, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Toasted Bread Crumbs (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sea Salt, Yeast), Salt, Spices, Dehydrated Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Sunflower Oil, Contains Less than 2% of: Citric Acid, Yeast Extract, Lactic Acid, Natural Flavor, Silicon Dioxide]. **Contains: Milk, Wheat.**

12" WRAP: Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Canola Oil, Sugar, Salt, Cultured Wheat Flour (preservative), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Sunflower Lecithin, Enzymes, Wheat Gluten, Inactive Dry Yeast, Guar Gum, Citric Acid. **Contains: Wheat, Barley.**

9" WRAP (POCKET): Tortilla flour (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Malted Barley Flour, water, tortilla base (salt, Mono- and Diglycerides, Sodium bicarbonate, enriched wheat flour [Wheat flour, Niacin, Reduced iron, Thiamine Mononitrate, riboflavin, folic acid], Fumaric Acid, Sodium aluminum phosphate, Calcium propionate [a preservative], sodium aluminum sulphate, Potassium sorbate [a preservative], Contains less than 2% of Soybean oil, Monocalcium phosphate, Sodium metabisulfite [a preservative], Enzymes [contains wheat], Soy oil, calcium propionate [to preserve], gum blend (gums [guar, carboxymethylcellulose {CMC},

acacia], Standardized with dextrose). **Contains: Wheat, Sulphites**

MEAT, POULTRY, SEAFOOD & EGGS

BACON: Pork, Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite

CHICKEN, GRILLED: Boneless skinless chicken breast with rib meat, water, contains 2% or less soy protein concentrate, modified potato starch, sodium phosphate, potassium chloride, salt, maltodextrin, yeast extract, flavors, natural flavors, dextrose, caramelized sugar, paprika, vinegar solids, paprika extract, chicken broth. **Contains Soy.**

CHICKEN, GRILLED (with Sweet Onion Teriyaki sauce): Subway® Grilled Chicken [Boneless skinless chicken breast with rib meat, water, contains 2% or less soy protein concentrate, modified potato starch, sodium phosphate, potassium chloride, salt, maltodextrin, yeast extract, flavors, natural flavors, dextrose, caramelized sugar, paprika, vinegar solids, paprika extract, chicken broth], **Sweet Onion Teriyaki Sauce** [Sugar, Water, Corn Vinegar, Corn Syrup, Soy Sauce (Water, Wheat, Soybean salt, Sodium Benzoate [a preservative]), Food Starch-modified, Contains less than 2% of: Rice vinegar, Salt, Dehydrated Onion, Tomato paste, Spices, Mustard Seed, Distilled Vinegar, Garlic, Sesame oil, Poppyseed, Sesame Seed, Sodium Benzoate and Potassium Sorbate (As Preservatives), Dehydrated Green onion, Dehydrated red bell pepper, Natural flavors, Dehydrated garlic, Autolyzed yeast extract, citric acid]. **Contains: Wheat, Soy, Sesame.**

COLD CUT COMBO®: **Turkey Bologna:** Mechanically Separated Turkey, Water, Contains less than 2% of: Salt, Corn syrup solids, Potassium lactate, dextrose, Sodium diacetate, Sodium Erythorbate, Sodium Nitrite, Flavorings. **Cooked Turkey Salami (Smoke Flavor Added):** Dark Turkey, Mechanically Separated Turkey, Water, Salt, Contains less than 2% of: Potassium lactate, Sugar, Sodium Tripolyphosphate, Dextrose, Spice and Flavorings, Sodium diacetate, Sodium Erythorbate, Smoke Flavor, Sodium Nitrite. **Turkey Ham (Cured Turkey Thigh Meat. Chopped and Formed. Smoke Flavor Added with 7% Water Added):** Cured Turkey Thigh Meat, Salt, Contains less than 2% of: Potassium lactate, Brown Sugar, Sodium Tripolyphosphate, Dextrose, Sodium Diacetate, Sodium Erythorbate, Smoke Flavor, Sodium Nitrite, Water.

EGG OMELET PATTY (Regular): Egg Whites, Egg Yolks, Soybean Oil, Water, Contains 2% Or Less Of The Following: Unmodified Corn Starch, Liquid Butter Alternative (Liquid and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural Flavor, Tocopherols (Vitamin E)), Salt, Black Pepper, Xanthan Gum, Cellulose Gum, Citric Acid. **Contains: Egg, Soy**

GENOA SALAMI: Pork, Beef, Salt, contains 2% or less of Water, Corn Syrup, Dextrose, Sugar, Flavorings, Wine, Sodium Erythorbate, Sodium Nitrate, Spices, Garlic, Lactic Acid Starter Culture, Sodium Nitrite.

HAM (Black Forest): Ham, Water, Dextrose, 2% or Less of, Modified Food Starch, Salt, Vinegar, Sodium Phosphates, Natural Smoke Flavor, Sodium Erythorbate, Sodium Nitrite

MEATBALLS & MARINARA: Beef, Pork, Water, Bread Crumbs [Toasted Wheat Crumbs (Enriched Wheat Flour {Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Sugar, Salt, Soybean Oil, Yeast)], Textured Soy Protein Concentrate, Seasoning (Dehydrated Onion And Garlic, Salt, Spice, Dehydrated Parsley, Soybean Oil), Soy Protein Concentrate, Romano Cheese (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes). **Marinara Sauce** [Tomato Puree (Water, Tomato Paste), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Sugar, Seasoning Blend (Modified Corn Starch, Onion Powder, Herbs and Spices, Salt), Soybean Oil, Salt, Citric Acid]. **Contains Milk, Soy, Wheat.**

PASTRAMI: Beef cured with: Water, Salt, Cure (Salt, Sodium Erythorbate, Sodium Bicarbonate, Sodium Nitrite, Propylene Glycol), Seasoning (Salt, Dextrose, Spice Extractives, Garlic Oil, Onion Oil), Rubbed With: Seasoning (Dextrose, Spices, Paprika [Paprika, Silicon Dioxide for Anti-Caking], Extract of Paprika, Caramel Color [Sulfites], Silicon Dioxide [Anti-Caking], Canola Oil).

PEPPERONI Pork, Beef, Salt, contains 2% or less of Water, Spices, Dextrose, Corn Syrup, Flavorings, Paprika, Oleoresin of Paprika, Sodium Erythorbate, Lactic Acid Starter Culture, Sodium Nitrite

PULLED PORK Pork, Water, Salt, Sodium Phosphates. Rubbed With: Salt, Sugar, Spices, Paprika.

ROAST BEEF Beef, Contains Up To 10% Of A Solution: Water, 2% or less of Salt, Dextrose, Corn Syrup Solids, Sodium Phosphates, Natural Flavors, Vinegar, Cultured Dextrose. Coated With: Potato Maltodextrin, Cooked Sugar, Natural Flavors, Salt, Sugar.

ROTISSERIE-STYLE CHICKEN: Chicken, Water, Contains 2% Or Less of: Salt, Soybean Oil, Dextrose, Seasoning (Flavoring, Acacia Gum, Onion Powder), Sodium Phosphate, Spice Extractives. Seared in Soybean Oil and /or Sunflower Oil.

STEAK, SHAVED: Beef, Water, Contains less than 2% of Salt, Modified Corn Starch, Dextrose, Sodium Phosphate, Autolyzed Yeast, Dried Tomato, Flavoring, Caramelized Sugar, Maltodextrin (Corn, Potato), Citric Acid, Cultured Sugar, Natural Beef Type Flavor (Natural Flavor, Autolyzed Yeast, Disodium Inosinate, Disodium Guanylate), Hydrolyzed Corn Protein, Silicon Dioxide, Sodium Hydroxide, Soybean Oil.

TUNA SALAD: Flaked Tuna in Brine (tuna, water, salt), **Mayonnaise** (soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor). **Contains: Eggs, Fish.**

TURKEY BREAST, OVEN ROASTED: Turkey Breast, Turkey Broth. Contains 2% or less of Vinegar, Salt, Dextrose, Sodium Phosphates, Cultured Dextrose, Turkey Flavor (Contains Polysorbate 60, Mono & Diglycerides, Xanthan Gum), Corn Maltodextrin, Natural Flavor.

VEGGIE PATTY: Carrots, Onions, Green Beans, Oat Bran, Expeller Pressed Canola

Oil, Zucchini, Soybeans, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Bell Peppers, Arrowroot Powder, Garlic, Corn Starch, Corn Meal, Salt, Methyl Cellulose, Parsley, Black Pepper. **Contains: Soy**

CHEESE

AMERICAN CHEESE: Milk, water, cream, sodium citrate, salt, cheese culture, sorbic acid (preservative), citric acid, enzymes, soy lecithin. **Contains soy and milk.**

MONTEREY & CHEDDAR CHEESE BLEND (shredded): Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), Anti-caking Blend (Potato Starch, Tapioca Starch), natamycin (a natural mold inhibitor). **Contains Milk**

PARMESAN CHEESE: Parmesan cheese (cultured pasteurized part-skim milk, salt, enzymes), powdered cellulose (added to prevent caking), salt, potassium sorbate (preservative). **Contains: Milk.**

PEPPERJACK CHEESE: Milk, Cream, Water, Sodium Citrate, Salt, Jalapeno Peppers, Cheese Culture, Sorbic Acid (Preservative), Jalapeno Peppers*, Enzymes, Red Bell Peppers*, Citric Acid, Soy Lecithin, Vinegar, Natural Flavor. *Dried **Contains: Milk, Soy**

PROVOLONE CHEESE: Cultured pasteurized milk, salt, enzymes. **Contains Milk.**

SWISS CHEESE: Pasteurized Part-Skim Milk, Salt, Enzymes, Cheese Cultures. **Contains Milk.**

VEGETABLES

BANANA PEPPERS: Banana Peppers, Water, Distilled Vinegar, Salt, Calcium Chloride, Sodium Benzoate (preservative), Sodium Metabisulfite (preservative), Polysorbate 80, Turmeric, and Natural Flavors. **Contains: Sulfites.**

BLACK OLIVES: Ripe olives, water, salt, ferrous gluconate.

CUCUMBERS: Cucumber.

GIARDINIERA: peppers, soybean oil, celery, carrots, cauliflower, olives, herbs and spices.

GREEN PEPPERS: Green bell peppers.

JALAPEÑO PEPPER SLICES: Jalapeno Peppers, Water, Distilled Vinegar, Salt, Natural Flavors, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulfite (preservative). **Contains: Sulfites.**

LETTUCE: Fresh iceberg variety.

ONIONS: Red onions.

PICKLES: Cucumbers, water, distilled vinegar, salt, sodium benzoate (preservative), alum, natural flavors, polysorbate 80, turmeric.

ROASTED GREEN CHILE : Hatch Valley green chile, garlic, salt, lime.

SLICED AVOCADO: Hass Avocados

SMASHED AVOCADO: Hass Avocados, Sea Salt.

SPINACH: Fresh baby spinach.

SUNTAN PEPPERS: Green bell peppers.

TOMATOES: Red tomatoes.

TOMATOES: Red Roma Tomatoes.

CONDIMENTS & SEASONINGS

BAJA CHIPOTLE SAUCE: Soybean oil, water, cultured low-fat buttermilk, chipotle pepper sauce concentrate (chipotle pepper puree [water, chipotle pepper], water, distilled vinegar, sugar, salt, onion powder), distilled vinegar, egg yolks, sugar, salt, contains less than 2% of: guajillo pepper, natural flavors, paprika, spices, dehydrated garlic, xanthan gum, lime juice concentrate, lactic acid, dehydrated onion, sodium benzoate and potassium sorbate (as preservatives), natural smoke flavor, dehydrated parsley, citric acid, calcium disodium EDTA (added to protect flavor).
Contains: Milk, Egg

BBQ SAUCE: Sugar, Water, Tomato Paste, Distilled Vinegar, Corn Syrup, Salt, Food Starch-Modified, Contains Less than 2% of Pineapple Juice Concentrate, Fruit & Vegetable Juice (Color), Spices, Natural Flavors (Includes Celery), Sodium Benzoate (A Preservative), Dehydrated Garlic, Molasses, Tamarind Concentrate, Celery Seed.
Contains Sulphites

ENCHILADA SAUCE: Water, Seasoning Blend (Sugar, Spices, Tomato Powder, Dehydrated Onion, Salt, Natural Chicken Flavor [Yeast Extract, Chicken Stock, Maltodextrin, Natural Flavors (Rendered Chicken Fat, Canola Oil), Salt, Spice, and Silicon Dioxide], Garlic Powder, Brown Sugar, Maltodextrin, Acacia Gum, Malic Acid, Extractives of Paprika, Silicon Dioxide and Sunflower Oil), Sugar, Corn Starch. Contains 2% or Less of: Citric Acid, Sea Salt, Salt, Yeast Extract, Chicken Flavor, Potato Maltodextrin, Chicken Broth, Medium Chain Triglycerides, Natural Flavor, Gum Arabic, Carrot Powder, Onion Powder, Ascorbic Acid.

Franks® RED HOT BUFFALO SAUCE: Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Modified Food Starch, Canola Oil, Paprika, Carrot Fiber, Xanthan Gum, Natural Butter Type Flavor And Garlic Powder

GIARDINIERA Peppers, 100% Pure Soybean Oil, Celery, Carrots, Cauliflower, Olives, Herbs and Spices

HONEY MUSTARD SAUCE: Soybean Oil, Sugar, Dijon Mustard (Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Turmeric, Spices, Tartaric Acid), Creole Mustard (Distilled Vinegar, Water, Mustard Seed, Salt, Xanthan Gum), Water, Honey, Distilled Vinegar, Egg Yolks, Contains Less Than 2% of Natural Flavors (Includes Celery), Salt, Spices, Mustard Flour, Xanthan Gum, Turmeric, Sodium Benzoate (A Preservative), Dehydrated Onion, Dehydrated Garlic, Oleoresin Paprika (Color), Calcium Disodium EDTA Added to Protect Flavor, Invert Sugar. **Contains Eggs, Mustard**

HOT HONEY SAUCE: Sugar, Honey, Water, Distilled vinegar, Aged red cayenne pepper, Food starch-modified, Contains less than 2% of salt, invert sugar, Dehydrated garlic, Potassium sorbate (a preservative), Spices, Dehydrated onion, natural flavors.

MAYONNAISE, REGULAR: Soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor. **Contains: Eggs.**

MUSTARD (Yellow): Water, Vinegar, #1 Mustard Seed, Salt, Turmeric, Paprika, Spices, Garlic Powder, Natural Flavor. **Contains Mustard**

OLIVE OIL BLEND: Canola oil, extra virgin olive oil.

MVP PARMESAN VINAIGRETTE®: Soybean oil, water, distilled vinegar, sugar, red bell pepper puree, salt, parmesan cheese (pasteurized part skim milk, cheese cultures, salt, enzymes), Olive oil Contains less than 2% of spices, dehydrated garlic, dehydrated onion, xanthan gum, sodium benzoate and potassium sorbate (As preservatives), Natural flavors, oleoresin paprika (color), Calcium disodium EDTA added to protect flavor. **Contains: Milk.**

PEPPERCORN RANCH SAUCE: Soybean oil, water, cultured low-fat buttermilk, distilled vinegar, egg yolks, sugar, contains less than 2% of: salt, buttermilk, natural flavors, spice, lactic acid, dehydrated garlic, sodium benzoate and potassium sorbate (as preservatives), xanthan gum, dehydrated parsley, dehydrated onion, calcium disodium EDTA (added to protect flavor). **Contains: Milk, Egg**

PEPPER, BLACK: Black Pepper

RED WINE VINEGAR: Red Wine Vinegar Reduced With Water To 5% Acidity, Naturally occurring trace amounts of sulfite. **Contains Sulfites**

ROASTED GARLIC AIOLI Soybean Oil, Water, Distilled Vinegar, Extra Virgin Olive Oil, Egg Yolks, Garlic, Garlic Juice, Sugar, Salt, Contains Less than 2% of Natural Flavors, Dehydrated Garlic, Lemon Juice Concentrate, Sodium Benzoate and Potassium Sorbate (as preservatives), Garlic Juice Concentrate, Xanthan Gum, Dehydrated Parsley, Spice, Citric Acid, Propylene Glycol Alginate, Calcium Disodium EDTA Added to protect flavor. **Contains Egg.**

SALT: Salt

SWEET ONION TERIYAKI SAUCE: Sugar, Water, Corn Vinegar, Corn Syrup, Soy

Sauce (Water, Wheat, Soybean salt, Sodium Benzoate [a preservative]), Food Starch-modified, Contains less than 2% of: Rice vinegar, Salt, Dehydrated Onion, Tomato paste, Spices, Mustard Seed, Distilled Vinegar, Garlic, Sesame oil, Poppyseed, Sesame Seed, Sodium Benzoate and Potassium Sorbate (As Preservatives), Dehydrated Green onion, Dehydrated red bell pepper, Natural flavors, Dehydrated garlic, Autolyzed yeast extract, citric acid. **Contains: Wheat, Soy, Sesame.**

PIZZA(round)

CHEESE PIZZA: Crust (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Bread Crumbs [Wheat Flour, Sugar, Yeast, Salt], Yeast, Soybean Oil, Sugar, Salt, Non Fat Dry Milk, Dehydrated Garlic), Low Moisture Part Skim Milk Mozzarella Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Sauce (Tomato Puree [Tomatoes, Salt, Citric Acid], Water, Tomato Paste, Soybean Oil, Salt, Seasoning [Spices, Garlic Powder, Soybean Oil], Romano Cheese [Pasteurized Cow's Milk, Cheese Culture, Salt, Enzyme]), Parmesan and Romano Cheese Blend (Parmesan Cheese [Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes], Romano Cheese [Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes]), Oregano, Garlic Powder, Basil. **Contains: Wheat and Milk**
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COOKIES & SIDES

APPLESAUCE: Apple, lemon juice concentrate

CHOCOLATE CHIP: Enriched flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Sugar, Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural flavor, milk), Palm oil and butter blend (palm and fractionated palm oil, butter [cream {milk}, salt], water, salt, contains 2% or less of: natural flavors [contains milk], beta carotene [color], vitamin A palmitate), Eggs, Contains 2% or less of: Pre-gelatinized wheat starch, Molasses, Water, Baking soda, Soy lecithin, Natural flavor. **Contains Egg, Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

DOUBLE CHOCOLATE: Sugar, Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Palm oil and butter blend (palm oil, butter [cream {milk}, salt], water, salt, contains 2% or less of: natural flavor [contains milk], beta carotene [color], vitamin A palmitate), White confectionery chips (sugar, vegetable oil [fractionated palm kernel and/or fractionated palm and/or palm and/or fractionated interesterified palm kernel oils], nonfat dry milk, soy lecithin, natural flavor, dextrose), Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural flavor, milk), Eggs, Cocoa (processed with alkali), Water, Contains 2% or less of: Pre-gelatinized wheat starch, Molasses, Baking soda, Soy lecithin, Salt, Natural flavor. **Contains: Eggs, Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut- containing cookies.)*

OATMEAL RAISIN: Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Sugar, Raisins, Palm oil, Rolled oats, Eggs, Water, Contains 2% or less of: Molasses, Natural flavor, Whey (milk), Baking soda, Salt, Spice. **Contains Egg, Milk, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut- containing cookies.)*

NATURALLY FLAVORED RASPBERRY CHEESECAKE: Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Sugar, White confectionery chips (sugar, vegetable oil [fractionated palm kernel and/or fractionated palm and/or palm and/or fractionated interesterified palm kernel oils], nonfat dry milk, soy lecithin, natural flavor, dextrose), Palm oil, Eggs, Raspberry flavored bits (dextrose, palm oil, sugar, corn flour, color [beet, watermelon and huito juice], raspberry powder, citric acid, natural flavor), Water, Invert sugar, Contains 2% or less of: Cream cheese (milk, culture, salt, carob bean gum, enzyme), Baking soda, Salt, Nonfat milk, Pre-gelatinized wheat starch, Soy lecithin, Color (pumpkin concentrate), Raspberry juice concentrate, Natural flavor. **Contains Egg, Milk, Soy, Wheat.** *Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut- containing cookies.)*

WHITE CHIP MACADAMIA NUT: Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Sugar, Palm oil and butter blend (palm oil, butter [cream {milk}, salt], water, salt, contains 2% or less of: natural flavor [contains milk], beta carotene [color], vitamin A palmitate), White confectionery chips (sugar, vegetable oil [fractionated palm kernel and/or fractionated palm and/or palm and/or fractionated interesterified palm kernel oils], nonfat dry milk, soy lecithin, natural flavor, dextrose), Macadamia nuts, Eggs, Contains 2% or less of: Water, Pre-gelatinized wheat starch, Molasses, Baking soda, Soy lecithin, Salt, Natural flavor. **Contains: Eggs, Macadamia nuts (tree nuts), Milk, Soy, Wheat.** *Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut- containing cookies.)*

HASHBROWNS: Potatoes, Vegetable Oil (Contains one or more of the following: Canola Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Onion Powder, Garlic Powder, Spice, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

SOUPS

(Not available in all locations)

BROCCOLI CHEDDAR: Water, Whole Milk (Milk, Vitamin D3), Broccoli, Pasteurized Process Cheddar Cheese Food (Cheddar Cheese [Milk, Cheese Culture, Salt, Enzymes], Whey, Whey Protein Concentrate, Nonfat Milk, Sodium Citrate, Contains less than 2% of Milkfat, Salt, Lactic Acid, Oleoresin Paprika [Color], Annatto Extract [Color]), Pasteurized Process White Cheddar Cheese (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Milkfat, Salt), Dairy Blend (Milk, Cream), Onions, Seasoning (Whey Powder, Sea Salt, Yeast Extract, Sugar, Spices, Lactic Acid, Extractives of Turmeric [Color]), Carrots, Unsalted Butter (Cream, Natural Flavors), Modified Corn Starch, Wheat Flour, Cheddar Cheese Ingredient (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate), Garlic Juice. **Contains: Milk, Wheat**

CHICKEN NOODLE: Water, White Chicken Meat, Carrots, Noodles (Semolina [Wheat], Eggs, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Celery, Chicken and Stock Base (Chicken Stock, Yeast Extract, Chicken, Natural Flavors, Salt, Chicken Fat, Dried Potato, Xanthan Gum), Seasoning (Sea Salt, Yeast Extract, Natural Flavor, Disodium Inosinate and Disodium Guanylate), Seasoning (Corn Starch, Sugar, Spice, Xanthan Gum, Guar Gum, Turmeric Extractives [for color], Natural Flavor), Chicken Fat (Chicken Fat, Natural Flavoring), Parsley, Tomato Concentrate. **CONTAINS: Egg, Wheat**

LOADED BAKED POTATO WITH BACON: Water, Potatoes (Potatoes, Sodium Acid Pyrophosphate [to maintain natural color]), Dairy Blend (Milk, Cream), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum), Fully Cooked Bacon Pieces (Cured with: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite. May Contain Smoke Flavoring), Onions, Parmesan Cheese ([Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose [added to prevent caking], Salt), Red Potatoes, Modified Corn Starch, Seasoning (Salt, Sugar, Yeast Extract, Whey Powder, Silicon Dioxide, Medium Chain Triglycerides, Spice, Natural Flavor), Green Onions, Unsalted Butter (Cream, Natural Flavors), Chicken Stock Plus (Chicken Stock, Natural Flavor [including Yeast Extract]), Cheese (Parmesan Type) (Granular and Parmesan Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Salt, Lactic Acid, Citric Acid), Pepper Sauce (Distilled Vinegar, Red Pepper, Salt). **Contains: Milk**